

Why does bullying happen?

Although adults in school work hard to prevent bullying, sometimes it might happen.

Bullies can be older or younger, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves.

If you are being bullied remember that it is never your fault.

Where does bullying happen? Bullying can happen at school, after school or on line.

What should I do if I think someone is being bullied? Talk to the person and ask if they're OK, try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied? If you are being bullied it is important to tell someone you trust - an adult, family member or friends - either at school or at home. If you have already told an adult about bullying you can still tell them again. You can tell any grown up in school, or at home, or call Childline for free on 0800 1111.

Telling an adult will not make the bullying worse, they will talk to you and the bully to find a way to make it stop.



Baguley Hall Primary School

Anti-Bullying Policy



We are a
Gold Rights Respecting School.

Every child has the right to an
education and to feel safe.

We follow the Peace Mala Golden Rule
Treat others as you would wish to be
treated.



We say no to bullying.

What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once.

Bullying can be done by one person or by a group of people and can be towards one person or a group of people.

A useful way to remember bullying is

**SEVERAL TIMES
ON PURPOSE**

Bullying can be:

Hitting or saying you are going to hit someone

Touching someone when they don't want you to

Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people

Stealing or damaging someone else's belongings

Ignoring someone on purpose or leaving them out

Sending hurtful or unkind texts, emails or online messages to someone or about someone

Bullying can be about:

Race or ethnicity (racist bullying)

Religion, belief or culture

Gender (sexist bullying), for example saying they are acting 'like a boy' or 'like a girl'

Homophobic, biphobic or transphobic bullying. This is saying unkind or nasty things because someone is lesbian, gay, bisexual or trans, or because you think they are, or saying it to be unkind, for example 'you're so gay!'

Special educational needs or disability

What someone looks like or where they live

Family, or what you think their family is like

If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying.

No one should be picked on for being different in any way, for how they act, what they look like or who their family is.