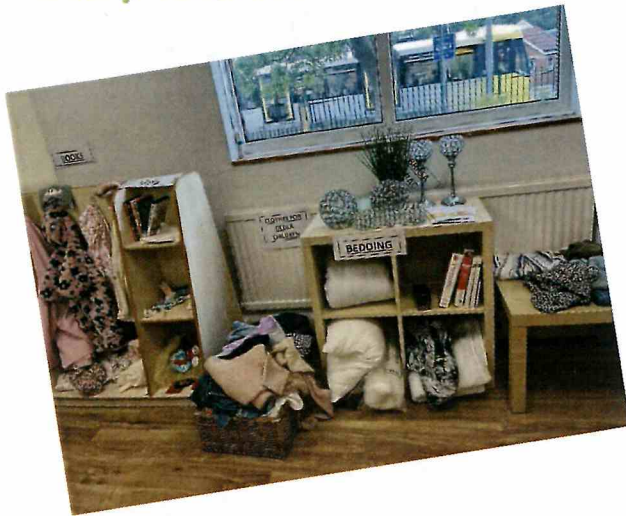


Baby Clothes



Toys

Baby Grows

Bedding

Welcome to our Sharston Shop!

Everything is FREE!

Open Monday, Tuesday, Wednesday and Friday
9:30am – 3:00pm

Sharston Children's Centre, Poundswick Lane, M22
9TA. 0161 529 0080 (option 2)



Baby Equipment

Maternity Clothes



Strollers



Building
stronger
families

Bric-a-Brac

Children's Centres Volunteers



Family Action are currently recruiting volunteers for the following roles in our Wythenshawe Children's Centre's:

- **Early Years Volunteer** – support our team in delivering our groups to pre-school children and their parents across Wythenshawe.
- **Meet and Greet** – be the face of our centres - welcome families into the centres and chat to them about the groups we have and other services they can be supported by.
- **Admin** — work alongside our admin team signing families into the centre, answering the phones and providing information, advice and guidance.
- **Health Champion** – are you passionate about breastfeeding or are you trained in baby massage? Share your skills and knowledge delivering sessions to our parents

All volunteers will have an Enhanced DBS check and are asked to provide two references. We have some mandatory training that all volunteers need to do and some key policies that volunteers need to know about before they start their volunteering role, which we will support you to complete.

Time commitment

We would like volunteers to support us for a minimum of 6 months, for approximately 3 hours a week.

What we are looking for

People who are interested in making a difference to children and their parents. Experience is an advantage but enthusiasm and a friendly approach is just as welcome.

What are you looking for

- ✓ **An opportunity to share your skills and experience to make a difference to children and their parents**
- ✓ **Be part of a friendly, experienced team**
- ✓ **Develop and learn new skills and gain useful work-related experience**
- ✓ **Access to training and on the job support**
- ✓ **Ongoing support from our Volunteer Lead**



Contact for more information

Email Victoria.wright@family-action.org.uk or call/text 07821 663 468.

Wythenshawe Children's Centres

For the most up to date happenings at our centres, follow us on Facebook:



Wythenshawe Children's Centres

@wythenshawechildrenscentres · ★ 5 (1 review) · Non-profit organisation



Scan to find our Facebook Page

Speech and Language support

Family Support Outreach Team

Stay and Play

Waddle Group

Parenting Courses

Volunteer with us

Baby Group

Baby Massage

Baguley Children's Centre,
Ackworth Drive,
M23 1LB

Benchill Children's Centre,
22 Lyndene Road,
M22 4PZ

Sale Road Children's Centre,
Sale Road,
M23 0JX

Sharston Children's Centre,
Poundswick Lane,
M22 9TA

Woodhouse Park Children's Centre,
Dinmor Road,
M22 1NW

Did you know we run a timetable during term time and then a whole host of special events and groups during school holidays?

All groups are for under 5's and some sessions are for your older children too.

All our sessions are:
FREE!!

family action

Building stronger families

For Families in M22 and M23
Call 0161 529 0080 for more info

Family Action Wythenshawe Sure Start Children's Centres – 9th January—17th February 2023



	Baguley Ackworth Drive, Baguley, M23 1LB	Sharston Poundswick Lane Crosscreses, M22 9TA	Woodhouse Park Dimmor Road, M22 1NW	Sale Road Sale Road, Northern Moor, M23 0JX	Benchill 22 Lydene Road, M22 4PZ
Monday	Closed	Buggy Walk 11.30-12.30 Parent and Baby yoga 12.45-1.30	Childminder Drop in 10:00—11:00 Healthy Child Drop in 13:30—15:00	Baby massage 9.30-10.30 Waddle 9.30-10.30 Stay and Play 11-12 Baby Group 13:00—14:00	
Tuesday	Are you worried about your child's speech and language? We can screen your child and signpost you to support	Waddle 9.30-10.30 City Play Together 10:00—11:00 Stay and play 11-12 Early Words 13:00—14:00 Afterschool stay play 3.30-4.30	Stay and Play 13:30—14:30	Twinkleboost Search "Twinkleboost Wythenshawe" on Facebook and add yourself to their waiting list.	Healthy child drop in 9:30—11:00 Phonics bear 13:00—14:00
Wednesday	Stay & Play + Waddle 9.30-10.30 Baby Group 13.30-14.30	Childminder drop in 10-11	Closed		Birth Registration (apps booked via MCC)
Thursday	Bump to Baby 10:00—12:00 Twinkleboost (Book directly with them)	Closed	If your child is going to be 18 months old soon, we can do a development check to provide early intervention support if needed.	Childminder Drop in 10:00 - 11:00 Healthy Child Drop in 9:15— 11:15	Baby Massage 9.30-10:30 Stay and play 13:30—14:30
Friday	Childminder Drop in 10:00-11:00			Twinkleboost (book directly with them) Baby Group 9.30-10.30 Waddle 11-12	Closed
Sure Start					

Delivering Sure Start Services

To book on any of the sessions please phone 0161 529 0080 then choose the option for the centre which the group is being delivered.

Family Action Sure Start Children's Centres are places where families with children under 5 can access a wide range of support services and information on early education, childcare, health, parenting, speech and language development and family support.

BUMP TO BABY—A 4 week antenatal course for expectant parents covering all the know-how for the parenting journey - skin to skin contact, baby brain development, feeding preparation and important product guide knowledge.

BIRTH REGISTRATION—By appointment only booked via Manchester city council website: https://www.manchester.gov.uk/info/200010/births/492/register_a_baby/2 The outreach team provide a meet and greet and families receive children's centre info and a book start pack.

PARENT TALK — A drop in 'coffee morning' style session for anyone with a baby under 4 months old. A chance to share experiences and make new friendships, once a month we take a stroll round our local park.

BABY MASSAGE (non-mobile babies from 6 weeks old) - Helping parents / carers to relax, soothe and bond with their baby. This is a 6 week block booked course.

BABY GROUP (non-mobile babies, approx. 3 - 9 months) - A messy and sensory play experience, with opportunity to bond with your baby in a fun and relaxed environment.

WADDLE (children just starting to move e.g roll crawl first steps, approx. 9 – 18 months) - These groups help your child reach their development milestones through play, with messy and sensory activities to explore.

STAY AND PLAY (children who are fully mobile, approx. 18 months – 3 years) - These sessions have a variety of indoor and outdoor activities for your children to enjoy and have fun with. These groups are a great way for your children to interact and learn with other children their age.

CHILDMINDER DROP IN - The stay and play rooms will be open for our local childminders to come and use with the children in their care.

AFTER SCHOOL STAY AND PLAY—Sessions are for primary school aged children with younger siblings more than welcome to attend. In these sessions we have both indoor and outdoor eco-friendly activities.

EARLY WORDS TOGETHER AT 2 (children aged 2 years)—Working with the National Literacy Trust, these sessions help parents to support their children with early language development. This is a 5 week block booked course.

PHONICS BEAR (children aged 3 – 4 years) - These are fun interactive sessions for preschool children, the sessions will help them with their communication skills by teaching them phonics.

TWINKLEBOOST (children aged 0—5 years) - Twinkleboost is a Social Enterprise supporting children's communication development through fairy tale themed communication classes. You'll learn to support your baby and child's early communication skills through powerful evidence based strategies used by Speech and Language Therapists. (Google: Twinkleboost Wythenshawe to join their waiting list—they contact you when a class has a space).

HEALTHY CHILD DROP IN (children aged 0 - 5 years) - Drop in clinic to see a member of the health visiting team. Come along to get your baby weighed or discuss any development concerns you've got.

BUGGY WALK—meet for fresh air and gentle post natal exercise with other parents. Baby should be in pushchair or sling.

BABY AND PARENT YOGA (non-mobile babies) - meet for gentle stretch and flex post-natal exercise.

CITY TOGETHER (children aged 2—4 years) - active session in conjunction with Manchester City

Additional Info: We work with a number of our health partners, including midwifery, health visitors, speech and language and parenting teams who run sessions and clinics from our centres. For more information or to book call us on 0161 529 0080.